

DIGITAL STORYTELLING (DST) SAMPLE MATERIALS

TEXT EQUIVALENT FOR THE PODCAST “MAKING TRADITIONAL BREAD AT LADOEIRO HISTORICAL VILLAGE”

Characters in the podcast: Narrator, Alex, Mia, and Rita

Episode 1:

Narrator: Mia and Alex are a young couple. Every time they went to the supermarket, they didn't like the bread that was on sale. Alex frowned whenever he looked at the non-crunchy bread.

Alex: Grr I hate this bread so much! (frustrated)

Mia: Well, me too. (disappointed)

Narrator: So, the couple decided to make their own bread at home.

Mia and Alex: Let's do it at home! (They said together excited)

Narrator: Mia searched on the internet 'how to make homemade bread at home?'

(Keyboard sounds)

Mia: I think I found an easy recipe. (sounds excited)

Narrator: Alex went to the pantry and brought wheat flour, yeast, and salt. Essential ingredients for making bread. They put the ingredients together and Mia said:

Mia: The dough looks a bit liquid. (sounds disgusted)

Alex: It must be so, at least that's what it said on that website.

Narrator: And pointed to the computer that was on the table.

Mia: I think it's ready to go into the oven! (sounds excited)

Alex says: Me too!

Narrator: They put the dough in the oven and sat on the sofa watching Game of Thrones. (Opening sound of the series) However, they fell asleep and only woke up to the intense smell of burning bread. Mia immediately ran to the oven to save the bread, but it was too late.

Mia: Oh no the bread burned! (sounds disappointed)

Alex: I hate making bread, it got tough, and it must taste horrible! (cried)

Narrator: Mia, who was a person who didn't easily give up, had another idea, and searched on the internet for 'people available to help make traditional bread'. (Keyboard sounds)

Mia: I think I found something interesting. I found this website that motivates young people to visit villages!

Alex: Tell me more about it. (sounds excited)

Mia: Here is an article about an elderly person who lives in Ladoeiro, who teaches young people how to make traditional bread.

Alex: Let's go to this village to make this delicious bread! (sounds desperate)



Episode 2:

Narrator: The couple went on a trip to Ladoeiro. (Car door sounds) Along the way one of the tires blew out. (Exploding tire sound) There was a problem, they both knew how to change a tire, in theory, but in practice they didn't.

Alex: Do you know how to change a tire?

Mia: I don't think I remember very well.

Narrator: They stopped for two hours, until finally Mia managed to change the tire. They continued their journey until they reached Ladoeiro. It looked like an enchanted land, surrounded by forests (bird sounds), smiles from the elderly persons, they could hear the running and laughing of children (sound of children laughing). It didn't seem real. They found the elderly person who was going to teach them how to make bread.

Alex: Hello, are you the one who will help us how to make bread?

Elderly person Rita: Yes, it's me! You can call me Rita and you must be Alex and Mia.

Mia: Yes, we are. And we're excited to get started.

Narrator: After a brief explanation, they immediately got their hands into the dough. It was a long process; you had to knead the dough until you couldn't feel your hands. Suddenly the sneaky Mia starts a flour battle.

Mia: I caught you Alex ahah!

Alex: No, you didn't, but you'll see what a real battle is. (Sounds of laughter)

Narrator: Everyone laughed, and Rita joined the battle and could tell she was a strong elderly person. At the end of the battle, they left the dough to rise. While they were waiting, the couple went to get wood to put in the oven. Rita started to prepare the dough and began to shape it. With Alex's help, Rita put the dough in the oven which was already emanating extreme heat.

Episode 3:

Narrator: While waiting for the bread to be fully cooked, Alex, Mia and Rita sat around a fireplace, and they started by telling stories and Rita mentioned a legend of Ladoeiro. The legend of Saint Catherine of Siena.

Rita: An honorable farmer was working the land with the cows at Antinha's farm, and one of the animals died suddenly. Afflicted and saddened by the loss of such a useful and necessary animal, the farmer began to cry over his misfortune, as he had just lost the "breadwinner" of his numerous and needy family and therefore implored divine help. Then Saint Catherine appeared to him and brought the animal back to life and ordered the farmer to go to the village to tell others of what had happened and to communicate his desire that a chapel be built in the saint's honor in that precise place, but with the porch facing west. The habitants rushed in to promptly satisfy the request, but turning the porch to the east, as was the custom at the time, thinking that the seer



farmer had been wrong. The next day, the door and porch had fallen to the ground. They redid the work, leaving the porch facing east, and again it collapsed. The habitants were then convinced that the farmer had not made a mistake and conducted the work according to the instructions received. And even today we can appreciate the chapel with the door and porch facing west and, we are certain, the faith of the people of Ladoeiro will never let this small temple fall to the ground that instills so much affection and esteem in the people of Ladoeiro.

Narrator: Coming from nowhere, but from everywhere as well, an intense and delicious smell in the air came from the huge oven that contained the baked bread. As they took the bread out of the hot oven, a delicious smell invaded Alex and Mia's noses.

Mia: Hmm, smells so good! (Smell in the air)

Narrator: Inside Rita's house, you could see a large table with the bread and some side dishes also traditionally made by Rita. There was chorizo, ham, cheese, and butter.

Mia: The best part will be the butter melting on the bread! (Said with satisfaction)

(Everyone laughs)

Mia and Alex were able to spend the rest of the day enjoying the landscapes, talking to elderly people in the village, and eating their delicious bread.

